



Chris Earley
Truth Series Author

The Earley EDITION

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Finding Your Rhythm

by Chris Earley

I have always been a huge fan of music.

I never though really got serious about playing any particular musical instrument. Last spring I purchased a drum set. The drums are a very unique instrument. You must learn to coordinate all four limbs to do four different things, all at the same time, while staying on beat. Learning to play a musical instrument is fun and challenging, and it is really satisfying to see steady progress. The rhythm is coming along (I think). Anyone who plays a musical instrument would probably agree.

The pandemic has forced us all to find a rhythm to the new way we must live. We must wear masks and stay away from others, all while hoping we don't get sick from this virus. Up until March 2020, the potential threat of getting really sick from an evil virus is something we have never before had to deal with. Yet through it all, we have adapted to this new, and oftentimes strange world we are in.

Parents had to figure out so many things once schools closed and the

home became the classroom. Schools had to figure out how to educate students remotely. Businesses that have survived have had to pivot and find new ways of doing things. Many restaurants, for example, have had to pivot to take-out only, until they can fully re-open again. Similarly, many people have had to work-from-home since the pandemic started, with very little notice. Adapting on-the-fly has been the order of the day during this pandemic.

We have all in one way or another been forced to adapt to a new way of living life. We are all just trying to keep the beat despite all the current challenges Covid has brought upon us.

I believe life is all about finding your rhythm, no matter the challenges that are thrown at you. Now I just hope my family does not kick me out of the house due to the intolerably loud drum noise coming from the attic! ■

- Chris Earley

Care to Share?

If you have recently had a big life-changing experience (birth of a child or grandchild, marriage, wedding anniversary, engagement, graduation, new job or promotion, etc.) email me at cearley@chrisearley.com because we want to celebrate you in next *The Earley Edition*. Don't be shy! ■



Rory Earley

RORY'S RECIPES: Roasted Root Veggies

When it comes to routines, no one is more of a fan of routines than my husband Chris! He likes to eat the same exact healthy dinner almost every night!

It is usually salmon, broccoli and a baked sweet potato. Very plain, but very healthy! I sometimes change it up a bit for him by roasting some root vegetables. It really can be any veggie but here's what I do:



INGREDIENTS:

- 1 sweet potato
- 1 carrot
- 1/2 small white onion
- Few cloves of garlic
- Salt & pepper
- Olive oil

DIRECTIONS:

- 1 Preheat oven to 425°F. Chop the potato and carrots into chunks & dice the onion and garlic. Throw everything on a sheet pan and toss together. Next, coat with a few tablespoons of olive oil. Then add your salt and pepper and toss again.
- 2 We love a nice char on the vegetables, so I use higher heat (you could also do 375°F or 400°F if you don't like the crispy burnt edges). I keep an eye on it, toss them around with a spoon midway, but usually cook for 15–20 min until they are tender! The roasting gives amazing caramelization to the vegetables that really elevates their flavor. This is the best way to cook vegetables!

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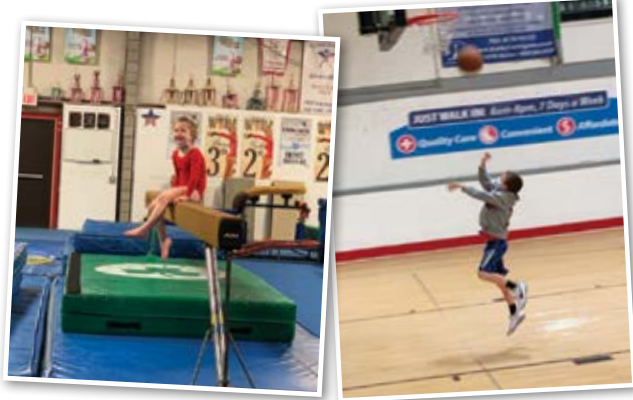
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EARLEY FAMILY NEWS



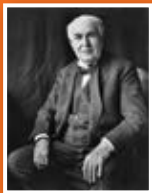
Alice is killing it in gymnastics, while Ollie is playing in TWO different basketball leagues. Quarantine does not slow down these two!

WHAT'S NEW AT THE OFFICE



A huge thank you to our client Gyorgyi who brought in flowers and gave them to Arianny when she came in to pick her up her settlement check. We really appreciate you, Gyorgyi!

Congratulations to Victor T., Kara M., Cindy G., Mary Beth C., Annieseta T., and Elizabeth S. for winning a \$50 Amazon gift card in our recent Valentine's giveaway. Way to go, guys!



Quote of the Month

"When you have exhausted all possibilities, remember this – you haven't."
– Thomas Edison

What Others are Saying

about the Law Office of Christopher Earley

Annieseta Tate
2 reviews

★★★★★ 5 months ago

"Professional and pleasant."

The Law Office of Christopher Earley is amazing. They settled a case for me and my son a few years back. I'm telling you if I could, I'd call him for everything. He and his family never forget about their clients. I'd recommend them to the world. They are so professional and pleasant. They show they care not only about settling your case, but about your well-being as well.

Thank you Law Office of Christopher Earley.

Joe Simons
2 reviews

★★★★★ 4 months ago

"Nothing but positive experiences."

I've had nothing but positive experiences with Attorney Earley. As a fellow attorney, I trust him when clients are in need of a personal injury attorney, and never hesitate to refer them his way. I know their cases will be handled professionally and that they will be treated well.

PARA NUESTROS CLIENTES DE HABLA HISPANA



Tenemos un historial comprobado de éxito en asegurar millones de dólares en acuerdos para personas lesionadas en accidentes automovilísticos, accidentes de lesiones personales, compensación por accidentes laborales, resbalones y caídas, accidentes de mordeduras de perros, accidentes de bicicletas, accidentes peatonales, accidentes de motocicletas, y cualquier otro tipo de casos de lesiones personales en Massachusetts.

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REMINDER ABOUT OUR FIRM'S COMMUNICATION POLICY

Our promise to you is that while we are working on your case, we don't take inbound phone calls. Chris Earley takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 617-338-7400 to schedule a phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today.



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Thank You For Your Referrals!

This month, we'd like to thank Dan R., Alexis K., Sandra G., Domingo A., Lisa D., Daniel L., Janeth M., Jose D., Mike N., Gustavo M., and Jeff C. for believing we are the right firm to help their friends and family. Your continued support gives us the ability to reach more individuals and make a positive difference in their lives. If we can help anyone you know that needs our services, please send them our way!

Thank you to *Massachusetts Lawyers Weekly* for once again asking me to quote on a case.

The case involved a woman who was injured while leaving a plane. Her attorneys sued the airline, but the court decided the airline did nothing to cause her injuries, so her lawsuit was dismissed. It was an interesting case that involved different areas of law.



6 Ways to GET MORE DONE (Without Going Crazy)

One of our most precious assets is our time. Once it's gone, it's gone. So how can you make the most productive use of your time? Here are some things I have discovered that have proved helpful.

1 Don't multitask. Doing 7 things at the same time is not only inefficient, but it will drive you crazy. Instead, concentrate on one task at a time, and see it to its completion. Then move onto the next task.

2 Take breaks. Personally, I find I am most productive in 30-minute increments. Don't kill yourself. Work for a period of time, take a break, and then dive back in. The longer you go without taking a break, the less effective you become.

3 Not all tasks have equal value. Spend the bulk of your time working on those things that will yield the biggest results. This is the 80/20 rule. This was a game-changer for me. Try it.

4 Write goals down and stick to them. This helps you stay on-track and on-schedule. If you need to do something important and it's not written down, it becomes easy to put it off. Writing down things you need to do gets you focused on getting them done.

5 Write a 'not-to-do' list. This will force you to stop doing those things that waste your time.

6 Eat the frog. Start each day with the one task that you are dreading. Getting it out of the way will start your day off on the right note and make you feel great.

Time waits for no one. Try some of these time management techniques and let me know if they help you! ■